

Why collect food scraps?

Why should I compost food scraps?

- **To keep a resource from being wasted.**

About one third of the average bag of trash is compostable, a resource that can be used to build better soil in our community.

- **To help conserve landfill space.**

The less you toss in your trash bag, the more we can all help maximize our state's landfill capacity.

- **To comply with Act 148** (Vermont's Universal Recycling & Composting Law)

By the year 2020, it will be illegal for businesses, institutions, and residents, to send food scraps to the landfill. Be proactive and start today!

- **To reduce greenhouse gas production.**

In the airless environment of a landfill, decaying food and other organic matter generates methane gas about 20 times more destructive to our atmosphere than carbon. The composting process produces less methane.

The benefits of compost

- Compost naturally integrates structure-building elements into your soil, such as spongy humus particles held together by fine, fungal strands that improve aeration. This helps soil to stay loose and easy to cultivate.
- It contains beneficial microbes that help restore the balance of life in soil, enabling you to reduce or even eliminate dependence on synthetic fertilizers.
- It helps balance the soil's water retention and drainage capacity, reducing erosion and runoff.

Got questions about . . .

. . . your pickup service?

Contact your hauler.

. . . what is compostable?

Contact CSWD!

Visit cswd.net

Call (802) 872-8111

E-mail info@cswd.net

. . . where to buy compost?

Contact Green Mountain Compost!

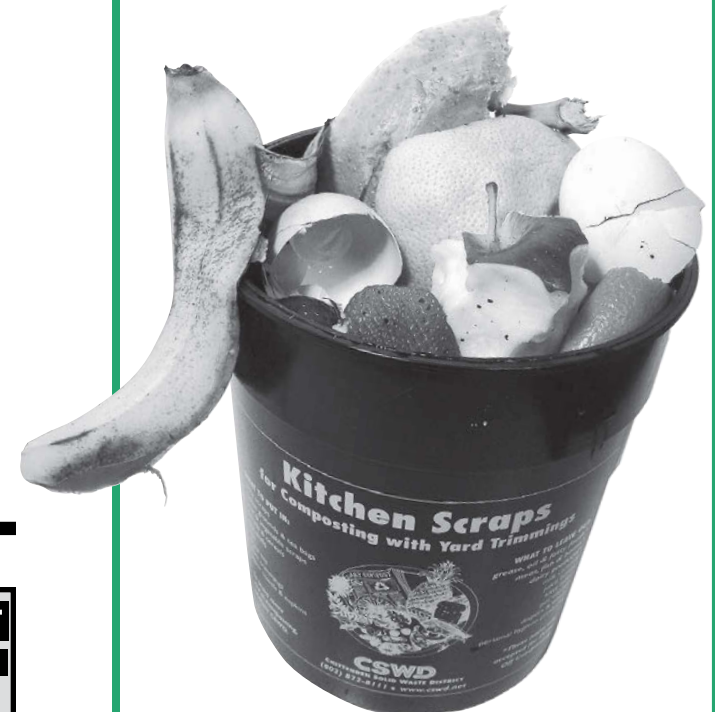
Visit greenmountaincompost.net

1042 Redmond Rd., Williston, VT

Call (802) 660-4949

Food scrap pick-up program

Composting helps
keep **one third**
of your trash
out of the landfill!



facebook: [cswdvt](https://www.facebook.com/cswdvt) • TWITTER: [@cswdvt](https://twitter.com/cswdvt)

CSWD CHITTENDEN
Solid Waste District WWW.CSWD.NET

1021 Redmond Rd., Williston, VT 05495

Questions? Call 872-8111 • E-mail: info@cswd.net

The food scrap pickup program makes composting easy!

1. Use a kitchen collection pail.

Make it easy for yourself! Keep a food scrap collection pail handy for collecting leftovers and scraps right where you make them—in your kitchen.

Use any container with a good, tight lid. A 1-quart starter pail is available free at any CSWD Drop-Off Center and Green Mountain Compost in Williston. Different styles are available at garden centers and other retailers. This 2-gallon bucket with a snap lid is available for \$5 at Green Mountain Compost.

HOT TIPS: ① For easier cleaning, line your pail with newspaper, a used paper bag, paper towels, or insert a certified compostable bag. If you use a compostable bag, knot the top and place in your curbside collection container. Visit cswd.net for a list of certified compostable products.

② Empty frequently to prevent odors, especially if you've got meat or seafood scraps. ③ Keep your pail in the fridge or freezer until pickup day.



2. Empty your pail into your pickup container and set it out for your hauler.

Follow any special instructions from your hauler regarding setting out your pickup container. Your hauler will bring your scraps to a facility that uses them to produce compost or generate energy. Most scraps come to CSWD's composting facility, Green Mountain Compost, in Williston. Rinse container with hose as needed.



YES!

ALL food scraps & beverages

- fruits & veggies (remove stickers)
- dairy products (milk, cheese, etc.)
- bread & pasta
- rice & grains
- meat & bones
- sauces
- fish & shellfish
- egg shells
- cooking oils, fats & dressings
- coffee grounds & filters
- tea bags

Uncoated food-soiled paper

- paper napkins & towels
- uncoated paper plates
- oily take-out pizza boxes
- flour, potato, sugar & coffee bags (no plastic liners, coatings, or twist ties)

Compostable products

- BPI- or ASTM-tested compostable plastic or wooden foodware only. More info below.

Other materials

- cut flowers • hair & fur • wood skewers



NO!

When in doubt, leave it out!

NO Plastic-coated paper

- NO refrigerated or frozen-food cartons
- NO coated paper plates or cups
- NO plastic/wax-coated paper
- NO plastic-lined flour, potato, or sugar bags

NO Glass, metal, or plastic

- NO foil or plastic bags or wrap
- NO styrofoam cups, plates, or trays
- NO utensils, except approved, certified products.
- NO dryer lint
- NO condiment packets
- NO creamer cups
- NO butter cups or foil wrappers
- NO plastic straws or swizzle sticks

NO Human or pet waste

- NO kitty litter or pet waste
- NO soiled diapers
- NO personal hygiene products



All foodware (including utensils) must meet BPI or ASTM standards (see below)

Compostable Products

Not all products labelled "compostable" are accepted for composting. **Here's what we DO accept:**

- ✓ Uncoated, unwaxed, food-soiled paper (take-out pizza box, paper plate, etc.).
- ✓ Products labelled with the Biodegradable Products Institute (BPI) logo, or with packaging that states "meets ASTM (American Society for testing and materials) standards for compostability!"



Help maintain the integrity of the composting process:
When in doubt, throw it out — or give us a call!

Finding compostable bags

Choose a bag that is larger than your container. Fold it over the rim for easier removal. The most waste-free option is no bag at all, of course!

2-3 gallon size:

City Market • Gardeners Supply • Green Mountain Compost • Healthy Living • Natural Provisions • Online at Amazon.com & Bed, Bath & Beyond

6-gallon size (fits 4-gallon containers):

Online at Amazon.com • Compokeeper.com • Bed, Bath & Beyond • Staples

8-gallon size: Green Mountain Compost